

Have you experienced higher weight and an eating disorder?

We want to hear from you.

We're conducting a research study to explore the experiences and perspectives of people with lived experience of higher weight and eating disorders (past or current).

This research is part of a larger project developed in response to people asking for ways to share their stories and help improve services and research.

You can take part if you:

- ✓ Are 18 years or older
- ✓ Have lived experience of higher weight (BMI >25)
- ✓ Have lived experience of an eating disorder (e.g. Binge Eating Disorder, Bulimia Nervosa, Atypical Anorexia Nervosa, Anorexia Nervosa, ARFID, OSFED, USFED etc.)



What's involved?

Short online survey

Zoom interview (recorded with your consent)

Optional review of interview transcript

Your input helps identify service gaps and inform future research

Scan the QR code or visit <https://redcap.link/vjpm1n04> to express interest.

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